



Whole School

House Assemblies this week:

- Tuesday 21st Registration – Blackfriars
- Wednesday 22nd Registration – Castle
- Thursday 23rd Registration – Priory
- Friday 24th Registration – Swilken

See Me See Change – SHOUT

See me see change is an approach to tackling mental health stigma and discrimination in schools. Over the next few terms, we will share a variety of resources and direct you to links to support you with your mental health and wellbeing. The purpose of this is to aid open conversations about mental health in our school community. This week's resource is SHOUT.

Shout is a 24/7 text support service for anyone in the UK who is struggling to cope with issues such as anxiety, bullying, depression, loneliness, money worries, relationship problems, self-harm, stress or suicidal thoughts or feelings. **To start a conversation with SHOUT, text the word "FIFE" to 85258**

Whole school clubs / activities

Debate Club: Wednesday after school in F046. All welcome and new members also welcome.

Young Carers/friends of Young Carers: Mrs McManus will be offering a lunch club on Monday (in RM051) for any pupil who is a Young Carer, or the friend of a Young Carer, and would like to attend. If pupils can bring their own lunch, Mrs McManus will provide a hot drink and a snack. This is to provide a space for discussion and friendship.

Chess Club: Chess Club now takes place on Mondays and Tuesdays, at lunchtime, in F013. All welcome.

Eco Group: The Eco Group is still running and looking for new/previous enthusiastic group members. We still have a lot planned for this session: heading to the Botanic Gardens to help them carry out a biodiversity study, growing some herbs in the grow box within school, tree planting and much more! Come along and join us in F006 with Miss Ward every Thursday lunch time.

S1/2/3

S3 Paris Trip

There will be a meeting on Thursday 23rd February in the Assembly Hall starting at 13.20. All pupils going on this trip must attend.

S3 DTP/MENACWY Immunisations - Friday 24th February

The immunisation team have issued us with appointment times to distributed at the start of the week to pupils involved

S1-S3 Clubs/Support

S1 Tuesday lunch club: Every Tuesday from 1.10-1.50 in F043. This club is open to any S1s who are looking for a quiet space to enjoy their lunch. See Miss West for details.

S1 - S3 Programming Club: Wednesday Lunchtimes

Sewing Club: Sewing club will not be on for next two weeks but will resume on the 8th of March
Junior Choir S1-3: Rehearsals take place every Monday at 1.20pm. Please come along to F035 to try it. Any questions please see Mrs Miller.

Drama club: S1-S3 Drama club will be on every Monday at 1.15 in the studio F054. All welcome.

S1-3 Homework Support - Business and Computing: Having trouble with homework tasks or accessing support materials on Teams? Then please come along to S004 every Wednesday from 1.25-1.50 pm to get help with ICT, Business or Computing homework.

S4/5/6

S4-S6 Clubs/ Study Support

S4-6 Study Support Business Education: come along to study support for help with homework and assessment preparation in Accounting, Admin and IT and Business Management courses. Mondays and Wednesdays from 2.50-3.50 pm in S004. Sessions will not run when staff meetings are scheduled - check with your class teacher whenever you wish to attend.

S4-6 Study Support Home Economics Department: Mrs McManus will be available after school, on Monday and Wednesday, for any senior pupils who would like to do Health and Food Technology and Practical Cake Craft assignments and / or completion of course work.

Full study support timetable can be found on our website <https://www.madras.fife.sch.uk/Study-Support/>