



Whole School

See Me See Change – Keeping Connected Includem

See me see change is an approach to tackling mental health stigma and discrimination in schools. Over the next few terms, we will share a variety of resources and direct you to links to support you with your mental health and wellbeing. The purpose of this is to aid open conversations about mental health in our school community.

Keeping Connected Includem: Includem provide a 1:1 mentor service to support you if you are struggling with anxiety, attachment, bereavement, depression, gender identity, repetitive behaviours, self-harm, self-injury, substance use and trauma. To access this service, you can call 08003689 0030

Whole school clubs / activities

Debate Club: Debate Club open to S1-6 runs on Wednesdays after school in F046. All Welcome.

Chess Club: Chess Club now takes place on Mondays and Tuesdays, at lunchtime, in F013. All welcome.

Eco Group: The Eco Group is still running and looking for new/previous enthusiastic group members. We still have a lot planned for this session: heading to the Botanic Gardens to help them carry out a biodiversity study, growing some herbs in the grow box within school, tree planting and much more! Come along and join us in F006 with Miss Ward every Thursday lunch time.

Full study support timetable can be found on our website <https://www.madras.fife.sch.uk/Study-Support/>

S1/2/3

Assemblies This Week:

- S3 – Registration Tuesday 14th
- S2 – Registration Thursday 16th
- S1 – Registration Friday 17th

S1-S3 Clubs / Study Support

S1 Tuesday lunch club: Every Tuesday from 1.10-1.50 in F043. This club is open to any S1s who are looking for a quiet space to enjoy their lunch. See Miss West for details.

S1 - S3 Programming Club: Wednesday Lunchtimes

Junior Choir S1-3: Rehearsals take place every Monday at 1.20pm. Please come along to F035 to try it. Any questions please see Mrs Miller.

Drama club: S1-S3 Drama club will be on every Monday at 1.15 in the studio F054. All welcome.

S1-3 Homework Support - Business and Computing: Having trouble with homework tasks or accessing support materials on Teams? Then please come along to S004 every Wednesday from 1.25-1.50 pm to get help with ICT, Business or Computing homework.

S4/5/6

Assemblies This Week:

- S4 – Registration Monday 13th
- S6 – Registration Wednesday 15th

University of St. Andrews: Summer jobs drop-in session

The university still have a number of summer vacancies and they are going to run a recruitment drop-in session on Friday 17th March 1pm – 2pm at David Russell Apartments. You can also email rbsrecruit@st-andrews.ac.uk if interested.

S4-S6 Clubs / Study Support

S4-6 Study Support Business Education: come along to study support for help with homework and assessment preparation in Accounting, Admin and IT and Business Management courses. Mondays and Wednesdays from 2.50-3.50 pm in S004. Sessions will not run when staff meetings are scheduled - check with your class teacher whenever you wish to attend.

S4-5 Art and Design Portfolios: Ms Cardle will be available in S016 Monday and Tuesday, after school, to support N5 and Higher pupils who want to catch up with work on their portfolios.